

Doubting Thomas

Scripture Reference: John 20:19–31

Time to Believe

Kids use sand and construction paper to create an hourglass as they remember, "it's time for you to believe."

Spark Resources:

- None

Supplies:

- Construction paper or cardstock
- Scissors
- Pencils or pens
- Markers
- Glue
- Sand or glitter
- Crayons (optional)
- Mats, tape, yarn, or paper (optional)

Set Up:

None

Instructions:

In today's story, Thomas had trouble believing that Jesus was alive again. Let's make an hourglass to remind us that now is the time to believe in Jesus!

1. Give each kid two different colors of paper.
2. Direct kids to cut two equal triangles from one piece of paper.
3. Show kids how to glue the triangles to the other piece of paper, tips touching, to make an hourglass shape.
4. Ask kids to write "It's time to believe in Jesus" on the bottom of the hourglass.
5. Ask kids to lightly drizzle some glue on the bottom and top triangles of the hourglass, but not over the words that they have written.
6. Show kids how to sprinkle sand or glitter over the glue, making it look as if sand is pouring into the bottom of the hour glass, over and around the words they have written.

Wow! It looks like one day, time might run out to believe in Jesus. It's important that we believe in Jesus right now, even if we can't see him. Do you believe?

If you have less time . . .

Invite kids to color pretend sand on their hourglasses instead of using sand and glue.

If you have more time . . .

Play an hourglass game. Put mats, tape, yarn, or paper on the floor in the shape of an hourglass. Invite kids to gather in one half of the hourglass. Tell them they have to move very slowly, like sand that moves through an hourglass, and can only take tiny steps. Instruct kids to move from one half of the hourglass to the other as you play music. When you stop the music, they must yell, "I believe in Jesus! It's time to believe," then switch direction to the other half of the hourglass.